

What is the Healthy Fenland Programme?



The programme is aimed at supporting the development of strong and resilient communities in Fenland; communities that are fully engaged in identifying, owning and addressing their needs and challenges that will help improve their health and well-being. This includes reducing isolation and increasing involvement in community activities.

Community groups or projects will need to demonstrate sustainability; initial funding will act as a “pump prime” for communities to:

- Demonstrate that their ideas work
- Generate interest and ‘up skill’ volunteer
- Create links with local businesses.

Community groups or projects that apply will need to demonstrate how their projects are embedded within their communities and how this community will have on-going ownership of the project. Groups will also need report on the outputs of their projects.

Grants will be offered normally in the range of £250 to £5,000, although in exceptional circumstances higher sums may be considered. This fund will run over 5 years.

Community groups or projects will need to report the impact of their project by measuring the. Groups will also need to report the impact of at least one and no more than three of the following:

- number of activities promoting healthy lifestyles
- Number of people participating in activities promoting physical /mental health.
- Number of people reporting improved physical / mental / emotional health.
- Number of people who gain new skills as part of the project
- Number of new volunteer opportunities as a result of the project
- Number of people who participated in community activities as a result of the project
- Number of people accessing support services as a result of the project

The Healthy Fenland Fund has a broad definition of community:

- Geographical, where people live, work or congregate.
- Interest based, bringing people together with a shared passion.
- Experience based, allowing people to learn from and support others in the same or similar situation.

Eligibility

Newly formed (or forming) groups/projects can seek support to reach a position where they are "grant ready" for the purposes of this fund from:

- **Care Network Cambridgeshire** (01945 464289)
email: healthyfenland@care-network.org.uk
- **CCVS** (07757 544626) email: alan@cambridgecvcs.org.uk

Existing groups/projects must have three or more independent people on their management committee, an up to date Equality Policy, a bank account with two or more independent signatures and a Safeguarding Policy if working with either children and/or vulnerable adults. If groups need help with the preparation of any of these documents or their constitution, please contact CCVS

If the applicant is an unincorporated voluntary body or not-for-profit limited company with an annual income over £5,000, it will need to be one of the recognised not-for-profit structures listed below, before applying for a grant:

- Registered Charity
- Exempt Charity
- Excepted Charity
- Parish Council
- Community Interest Company (CIC)
- Charitable Incorporated Organisation (CIO)
- Community Amateur Sports Club

If the group is a registered charity its submissions to the Charity Commission must be up-to-date.

Grants will not be made retrospectively so no commitment for expenditure should be made before the date of the grant offer letter. Funding will not be provided to support projects promoting political or religious views, for sponsored events or to cover expenditure considered to be a statutory responsibility.

To Apply

Applications for grants for this fund are made using either the HFF Online Grant Application form found at the Cambridgeshire Community Foundation (CCF) website <http://www.cambscf.org.uk/healthy-fenland-fund.html>

Deadlines

Requests for small grants (up to £1,499) will be considered at any time. Requests for grants of £1,500 and above will be assessed on a quarterly basis in line with the following deadlines in 2016

1 Nov 2016 (winter panel meets in Dec)

outcome by Jan 2017



Cambridge Council for Voluntary Service

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